

**Bruce S. Liese, Ph.D., A.B.P.P.**

Department of Family Medicine  
University of Kansas Medical Center  
3901 Rainbow Boulevard  
Kansas City, Kansas 66160-7370  
(913) 588-1912 (Office)  
[bliese@kumc.edu](mailto:bliese@kumc.edu)

Department of Psychology  
University of Kansas  
453 Fraser Hall  
Lawrence, Kansas 66044  
(785) 864-4263  
[bliese@ku.edu](mailto:bliese@ku.edu)

Home  
638 Jones Street  
Lecompton, Kansas 66050  
(785) 887-6699 (home)  
(913) 579-5039 (cell)  
Psychology License #0616 (KS)

**Education**

Graduate           **Doctor of Philosophy** in Counseling Psychology  
State University of New York at Albany – Albany, New York, December, 1983

**Master of Arts** in Psychology  
Columbia University – New York, October, 1979

Postdoctoral       **Postdoctoral Fellowship** (extramural)  
University of Pennsylvania Dept. of Psychiatry, Center for Cognitive Therapy  
Philadelphia, Pennsylvania – August, 1991

Undergraduate     **Bachelor of Arts**, State University of New York at Albany – May, 1977

**Professional Experience**

- 1/98-present       **Professor of Family Medicine and Psychiatry**, University of Kansas Medical Center Departments of Family Medicine and Psychiatry
- 8/13-present       **Courtesy Professor of Psychology**, University of Kansas Clinical Psychology Ph.D. program
- 1/92 - 12/97       **Associate Professor of Family Medicine and Psychiatry (tenured)**, University of Kansas Medical Center Departments of Family Medicine and Psychiatry
- 10/83 - 12/91      **Assistant Professor of Family Medicine**, University of Kansas Medical Center Department of Family Medicine
- 12/90 – 7/15       **Director**, Kansas City Center for Cognitive Therapy (Private practice)

**Honors and Relevant Scholarly/Editorial Activities**

- Diplomate**, American Board of Professional Psychology (Family Psychology; 1991-present)  
**Fellow**, American Psychological Association (Division 50 –Addictions Fellow since 1998; Division 29 Fellow since 2015; Member since 1983)  
**Director of Communications and Publications**, Society for the Exploration of Psychotherapy Integration (2013-present)  
**Membership Chair**, Society of Addiction Psychology (APA Division 50; 2013-present)  
**Special Interest Group Leader**, Addictive Behaviors (Association for Behavioral and Cognitive Therapies)  
**Editor**, *The Addictions Newsletter* - APA Division 50 (1994-2004)  
**Associate Editor**, *Crisis Intervention and Time-Limited Treatment* (1993-94)  
**Consulting Editor**, *Psychology of Addictive Behaviors* (1994-1998)  
**Editorial Board Member**, *Journal of Psychotherapy Integration* (2014–present); *Cognitive and Behavioral Practice* (1996-2000)  
**Ad hoc reviewer**: *The Cognitive Behaviour Therapist*; *Cognitive Psychotherapy: An International Quarterly*; *Cognitive and Behavioral Practice*; *Family Medicine*; *Psychology of Addictive Behaviors*  
**Grant reviewer**, NIAAA, Special review section (1994-96)  
**Visiting Scholar**, National Taiwan University Hospital, Republic of China (June, 1993)  
**President**, Psychologists in Family Practice and Primary Health Care (1988-89)  
**Distinguished Career Contributions to Education and Training Award**, Society of Addiction Psychology – APA Div. 50 (2015)  
**Presidential Citation** – APA Division 50, for service to the Division on Addictions (2003)  
**First Place Award**, American Academy of Family Physicians (AAFP), 1984 Scientific Assembly  
**First Place Award**, AAFP, 1986 Scientific Assembly  
**Third Place Award**, AAFP, 1987 Scientific Assembly  
**Second Place Award**, AAFP, 1988 Scientific Assembly

## **Memberships**

American Psychological Association (APA), Divisions 12, 29 (Fellow), 43, 49, and 50 (Fellow)  
Association for Behavioral and Cognitive Therapies (ABCT)  
Association for Psychological Science (APS)  
Research Society on Alcoholism (RSA)  
Society for the Exploration of Psychotherapy Integration (SEPI)

## **Publications**

- Penick, E. C., Powell, B. J., Othmer, E., Bingham, S. F., Rice, A. S., Liese, B. S. (1984). Subtyping alcoholics by coexisting psychiatric syndromes: Course, family history, outcome. In D. W. Goodwin, R. T. Van Dusen, and S. A. Mednick, (Eds., pp.167-196) *Longitudinal Research in Alcoholism*. Hingham, MA: Kluwer-Nijhoff.
- Liese, B. S. (1985). Self-awareness in a quasi-counseling interview (abstract). *Resources in Education*.
- Egbert, A. M., Reed, J. S., Powell, B. J., Liskow, B. I., Liese, B. S. (1985). Alcoholics who drink mouthwash: The spectrum of nonbeverage alcohol use. *Journal of Studies on Alcohol*, *46*, 473-481.
- Liese, B. S. (1986). Physicians' Perceptions of the role of psychology in medicine. *Professional Psychology*, *17*, 276-277.
- Egbert, A. M., Liese, B. S., Powell, B. J., Reed, J. S., Liskow, B. I. (1986). When alcoholics drink aftershave: A study of nonbeverage alcohol consumers. *Alcohol and Alcoholism*, *21*, 285-294.
- Dewberry, G. P., Jr., Johnson, C. A., Holmes, G.E., Liese, B. S. (1986). A strategy to improve developmental screening during well baby visits. *Family Medicine*, *18*, 355-357.
- Price, J. G., Liese, B. S. (1987). Graduate follow-up of UKSM-KC Family Practice Residency Training. *Kansas Medicine*, *88*, 155-158.
- Nease, D. E., Liese, B. S. (1987). Perceptions and treatment of sexual problems in a family practice setting. *Family Medicine*, *19*, 468-470.
- Liese, B. S. (1987). Understanding and relating to physicians: Essential to the development of health psychology. *The Health Psychologist*, *9*, 3.
- Liese, B. S., Govaker, D. A. (1987). The five-session quit-smoking clinic. *Kansas Medicine*, *88*, 291-293.
- Simon, J. L., Johnson, C. A., Liese, B. S. (1988). A family practice "breastfeeding hotline": Description and preliminary results. *Family Medicine*, *20*, 224-226.
- Liese, B. S., Johnson, C. A., Govaker, D. A., O'Dell, M. L. (1988). Increasing research productivity in a university-based residency program: A case study. *Kansas Medicine*, *89*, 143-147.
- Liese, B. S., Larson, M. W., Johnson, C. A., Hourigan, R. J. (1989). An experimental study of two methods for teaching sexual history taking skills. *Family Medicine*, *21*, 21-25.
- Johnson, C. A., Liese, B. S., Hassanein, R. E. (1989). Factors predictive of heightened third-day bilirubin levels: A multiple stepwise regression analysis. *Family Medicine*, *21*, 283-287.
- O'Dell, M. L., Liese, B. S., Price, J. G. (1989). Obstetrical practices of members of the Kansas Academy of Family Physicians. *Kansas Medicine*, *90*, 247-258.
- Liese, B. S., Price, J. G. (1990). The family life cycle. In R. Rakel (Ed., pp.41-60), *Textbook of Family Practice*. New York: Saunders.
- Whitehead, F. A., Liese, B. S., O'Dell, M. L. (1990). Melville's 'Bartleby the Scrivener': A case study. *New York State Journal of Medicine*, *90*, 17-22.
- Whitehead, F. A., Liese, B. S., O'Dell, M. L. (1990). Melville's 'Bartleby the Scrivener'. *New York State Journal of Medicine*, *90*, 422-424 (letter).

- Johnson, B., Johnson, C. A., Liese, B. S. (1990). Dual Doctor Marriages: The British Experience. *Journal of the American Medical Women's Association*, 46, 155-159.
- Johnson, C. A., Lorenzetti, L. A., Liese, B. S., Ruble, R. A. (1991). Clinical significance of hyperkeratosis on otherwise normal Papanicolaou smears. *Journal of Family Practice*, 33, 354-358.
- Johnson, C. A., Johnson, B. E., Liese, B. S. (1992). Dual doctor marriages: Career development. *Family Medicine*, 24, 205-208.
- Johnson, C. A., Liese, B. S. (1992). Women residents after residency: What does the future hold? *Kansas Medicine*, 93, 280-285.
- Liese, B. S. (1993). Coping with AIDS: A cognitive therapy perspective. *Kansas Medicine*, 94, 80-84.
- Beck, A. T., Wright, F. D., Newman, C. F., Liese, B. S. (1993). *Cognitive therapy of substance abuse*. New York: Guilford Press.
- Liese, B. S. (guest editor; 1993). Psychology in medicine (special issue). *Kansas Medicine*, 94.
- Liese, B. S., Larson, M. W. (1993). Practical office-based counseling skills for the primary care physician. *Kansas Medicine*, 94, 241-245.
- Vail, B. A., Liese, B. S., Leonard, B. R. (1993). The identification of psychiatric problems in primary care medical settings. *Kansas Medicine*, 94, 231-236.
- Liese, B. S. (1993). The KUFP five-visit quit-smoking program: An office-based smoking cessation protocol. *Kansas Medicine*, 94, 294-298.
- Wright, F. D., Beck, A. T., Newman, C. F., Liese, B. S. (1993). Cognitive therapy of substance abuse: Theoretical rationale. In Onken, L. S., Blain, J. D., Boren, J. J. (Eds.) *Behavioral Treatments for Drug Abuse and Dependence. NIDA Research Monograph 137*. DHHS Pub. No. 93-3684. Washington, D.C.: U.S. Government Printing Office, 123-146.
- Liese, B. S. (1994). Psychological principles of substance abuse: A brief overview. *Comprehensive Therapy*, 20, 125-129.
- Liese, B. S. (1994). Brief therapy, crisis intervention, and the cognitive therapy of substance abuse. *Crisis Intervention and Time-Limited Treatment*, 1, 11-28.
- Liese, B. S., Ashworth, J. (1994). Book review of Cognitive-behavioral treatment of borderline personality disorder (by Marsha Linehan). *Bulletin of the Menninger Clinic*, 58, 540-541.
- Liese, B. S., Chiauuzzi, E. (1995). *Alcohol and Drug Abuse*. Monograph, Edition No. 189, Home Study Self-Assessment program. Kansas City: American Academy of Family Physicians.
- Liese, B. S., Larson, M. W. (1995). Coping with life-threatening illnesses: A cognitive therapy perspective. *Journal of Cognitive Psychotherapy: An International Quarterly*, 9, 1-16.
- Liese, B. S. (1995). Integrating crisis intervention, cognitive therapy, and triage. In A. R. Roberts (Ed.), *Crisis Intervention and Time-Limited Cognitive Treatment* (pp.28-53). Thousand Oaks, CA: Sage Publications.
- Liese, B. S., Shepherd, D. D., Cameron, C. L., Ojeleye, A. E. (1995). Teaching psychological knowledge and skills to family physicians. *Journal of Clinical Psychology in Medical Settings*, 2, 21-38.
- Harper, D. M., Johnson, C. A., Harper, W. H., Liese B. S. (1995). Prenatal predictors of Cesarean section due to labor arrest. *Archives of Gynecology and Obstetrics*, 256, 67-74.
- Najavits, L. M., Griffin, M. L., Laborsky, L., Frank, A., Weiss, R. D., Liese, B. S., Thompson, H., Nakayama, E., Siqueland, L., Daley, D., Onken, L. S. (1995) Therapist emotional responses to substance abusers: A new questionnaire and initial findings. *Psychotherapy*, 32, 669-677.
- Liese, B. S. (1996). Alcohol problems. In C. A. Johnson, B. E. Johnson, J. L. Murray, & B. S. Apgar (Eds.) *Women's health care handbook* (pp.413-420). Philadelphia: Hanley & Belfus.

- Liese, B. S. (1996). Nicotine dependence and smoking cessation. In C. A. Johnson, B. E. Johnson, J. L. Murray, & B. S. Apgar (Eds.) *Women's health care handbook* (pp. 421-426). Philadelphia: Hanley & Belfus.
- Liese, B.S. (1996). Illicit drug use. In C.A. Johnson, B. E. Johnson, J. L. Murray, & B. S. Apgar (Eds.) *Women's health care handbook* (pp.427-433). Philadelphia: Hanley & Belfus.
- Shepherd, D. D., Liese, B. S. (1996). Obesity. In C. A. Johnson, B. E. Johnson, J. L. Murray, & B. S. Apgar (Eds.) *Women's health care handbook* (pp.494-404). Philadelphia: Hanley & Belfus.
- Najavits, L. M., Weiss, R. D., Liese, B. S. (1996). Group cognitive-behavioral therapy for women with PTSD and substance use disorder. *Journal of Substance Abuse Treatment, 13*, 13-22.
- Liese, B. S., Franz, R. A. (1996). Treating substance use disorders with cognitive therapy: Lessons learned and implications for the future. In P. Salkavskis (Ed.), *Frontiers of cognitive therapy* (pp. 470-508). New York: Guilford Press.
- Liese, B. S., Beck, A. T. (1996). Back to Basics: Fundamental cognitive therapy skills for keeping drug-dependent individuals in treatment. In L. S. Onken, J. D. Blain, J. J. Boren (Eds.), *Beyond the therapeutic alliance: Keeping drug dependent individuals in treatment* (pp.210-235). NIDA Research Monograph. DHHS Pub. Washington, DC: U.S. Government Printing Office.
- Liese, B. S., Vail, B, Seaton, K. A. (1996). Substance use problems in primary care medical setting: Is there a psychologist in the house? In R. J. Resnick and R. H. Rozensky (Eds.) *Health psychology through the lifespan: Practice and research opportunities* (pp.177-194). Washington, DC: American Psychological Association Press.
- Liese, B. S., Beck, J. S. (1997). Cognitive therapy supervision. In C. E. Watkins (Ed.), *Handbook of psychotherapy supervision* (pp.114-133). New York: John Wiley & Sons.
- Liese, B.S., & Najavits, L M. (1997). Cognitive-behavioral therapy for substance abuse. In J.H. Lowinson, R.B. Millman, P. Ruiz, & J.G. Langrod (Eds.), *Substance abuse: A comprehensive textbook* (3rd ed.; pp.467-477). Baltimore, MD: Williams & Wilkins.
- Crits-Christoph, P., Siqueland, L., Chittams, J., Barber, J. P., Beck, A. T., Frank, A., Liese, B. S., Luborsky, L., Mark, D., Mercer, D., Onken, L. S., Najavits, L. M., Thase, M. E., & Woody, G. (1998). Training in cognitive, supportive-expressive, and drug counseling therapies for cocaine dependence. *Journal of Consulting and Clinical Psychology, 66*, 484-492.
- Liese, B. S., & Alford, B. A. (Guest Editors, 1998). Special Issue on Supervision. *Journal of Cognitive Psychotherapy: An International Quarterly, 12*, 91-162.
- Liese, B. S., & Alford, B. A. (1998). Recent advances in cognitive therapy supervision. *Journal of Cognitive Psychotherapy: An International Quarterly, 12*, 91-94.
- Beck, J. S., & Liese, B. S. (1998). Cognitive therapy. In R.J. Frances and S.I. Miller (Eds.), *Clinical textbook of addictive disorders* (2nd ed.; pp. 547-573). New York: Guilford Press.
- Liese, B.S., Beck, A.T., & Seaton, K. (2002). The cognitive therapy addictions group. In D.W. Brook and H.I. Spitz (Eds.), *Group psychotherapy of substance abuse* (pp. 37-57). New York: Haworth Medical Press.
- Barber, J. P., Liese, B. S., Abrams, M. J. (2003). Development of the Cognitive Therapy Adherence and Competence Scale. *Psychotherapy Research, 13*, 205-221.
- Najavits, L. M., Liese, B. S., & Harned, M. (2004) Cognitive and behavioral therapies. In J.H. Lowinson, P. Ruiz, R.B. Millman, J.G. Langrod (Eds.), *Substance abuse: A comprehensive textbook* (4th ed.; pp. 723-732.). Baltimore: Williams & Wilkins.
- Siqueland, L., Crits-Christoph, P., Barber, J.P., Connolly-Gibbons, M. B., Gallop, R., Griffin, M., Frank, A., Thase, M. E., Luborsky, L., Liese, B. S. (2004). What aspects of treatment matter to the patient in the treatment of cocaine dependence? *Journal of Substance Abuse Treatment, 27*, 169-178.
- Beck, J. S., Liese, B. S., & Najavits, L. M. (2005). Cognitive therapy. In R.J. Frances, S.I. Miller, & A. Mack (Eds.), *Clinical textbook of addictive disorders* (3rd ed.; pp. 474-501), New York: Guilford Press.
- Wenzel, A., Liese, B. S., Beck, A. T., & Friedman-Wheeler D. G. (2012). *Group cognitive therapy of addictions*. New York: Guilford Press.

Liese, B. S. (2014). Cognitive-Behavioral Therapy for Addictions. In S.L.A. Straussner (Ed.), *Clinical work with substance abusing clients* (3rd ed.; pp. 225-250). New York: Guilford Press.

Liese, B. S. (2015). What exactly are “addictive behaviors?” *Sober World Magazine*, 4(5), 8.

Liese, B. S., & Esterline, K. E. (2015). Concept Mapping: A supervision strategy for introducing case conceptualization skills to novice therapists. *Psychotherapy*, 52(2), 190-194.

### **Selected Workshops and Presentations**

Liese, B. S., Wright, F. D., Newman, C. F., & Beck, A. T. (1992, June). Cognitive therapy. Workshop presented at the International Congress of Cognitive Therapy, Toronto, Canada.

Wright, F. D., Newman, C. F., Liese, B. S., & Beck, A. T. (1992, August). Cognitive therapy of substance abuse. Workshop presented at the 100<sup>th</sup> annual convention of the American Psychological Association, Washington, DC.

Liese, B. S., & Wright, F. D. (1992, August). Cognitive therapy of sexual problems. Workshop presented at the 100<sup>th</sup> annual convention of the American Psychological Association, Washington, DC.

Wright, F. D., Beck, A. T., Newman, C. F., & Liese, B. S. (1992, September). Cognitive therapy of substance abuse: Theoretical Rationale. Paper presented at the National Institute of Drug Abuse (NIDA) Technical Review: Behavioral Treatment for Drug Abuse and Dependence, Bethesda, MD.

Liese, B. S. (1993, September). Cognitive therapy of substance abuse. Workshop presented at the European Congress of Behavioral and Cognitive Psychotherapies, London, England.

Liese, B. S. (1993, November). You can teach an old dog new tricks: The family physician as cognitive therapist. Paper presented at the 27<sup>th</sup> annual convention of the Association for the Advancement of Behavior Therapy, Atlanta, GA.

Liese, B. S. (1994, May). Back to basics: The role of fundamental counseling skills in the treatment of addictions. Paper presented at the National Institute of Drug Abuse (NIDA) Technical Review: Beyond the therapeutic relationship in substance abuse treatment, Bethesda, MD.

Liese, B. S. (1994, August). Cognitive therapy of substance abuse. Workshop presented at the 102<sup>nd</sup> annual convention of the American Psychological Association, Los Angeles, CA.

Liese, B. S. (1994, September). The evaluation and treatment of addictive disorders. Invited 3-day workshop presented at the Second Annual Asian Addictions Conference, Camp Zama, Japan.

Liese, B. S., Barber, J., & Siqueland, L. (1994, November). Adherence to treatment manuals: Problems and solutions. Paper presented at the 28<sup>th</sup> annual convention of the Association for the Advancement of Behavior Therapy, San Diego, CA.

Alford, B. A., Beck, J. S., Clark, D. A., DiGiuseppe, R., Liese, B. S., Wright, J. H., Young, J. (1994, November). Clinical and theoretical issues in cognitive therapy training and supervision. Paper presented at the 28<sup>th</sup> annual convention of the Association for the Advancement of Behavior Therapy, San Diego, CA.

Liese, B. S. (1995, August). Recent applications of harm reduction: Building bridges instead of walls. Chair, symposium at the 103<sup>rd</sup> annual convention of the American Psychological Association, New York, NY.

Liese, B. S. (1995, August). Harm reduction in family medicine settings. Paper presented at the 103<sup>rd</sup> annual convention of the American Psychological Association, New York, NY.

Liese, B. S. (1995, August). The recognition and treatment of substance abuse problems in primary care medical settings. Paper presented at the 103<sup>rd</sup> annual convention of the American Psychological Association, New York, NY.

Liese, B. S. (2013, March). Cognitive therapy: It’s not what you think. Clinical forum presented to the University of Memphis clinical psychology program, Memphis, TN.

Liese, B. S. (2014, April). Integrative group therapy for treating diverse problems: Anxiety, depression, anger, and addictive behaviors. Paper presented at the 30<sup>th</sup> annual meeting of the Society for the Exploration of Psychotherapy Integration, Montreal, Canada.

- Liese, B. S. (2014, August). A manualized cognitive behavioral therapy group for diverse addictive behaviors. Workshop presented at the 122<sup>nd</sup> annual convention of the American Psychological Association, Washington, DC.
- Liese, B. S. (2014, September). Group cognitive behavioral therapy for treating diverse psychiatric problems. Grand rounds presented to the University of Kansas Medical Center Psychiatry Department, Kansas City, KS.
- Liese, B. S. (2014, October). A manualized cognitive behavioral therapy group for diverse addictive behaviors. Research presented at the University of Missouri Alcohol Research Workshop, Columbia, MO.
- Liese, B. S. (2014, October). Empathy and Attachment in the Treatment of Binge Eating: A study of Family Physicians. Research presentation at the University of Missouri Alcohol Research Workshop, Columbia, MO.
- Liese, B. S. (2015, March). A manualized cognitive behavioral therapy group for diverse addictive behaviors. Workshop presented at the Society of Addiction Psychologists midyear conference, Baltimore, MD.
- Liese, B.S. (2015, May). A manualized cognitive behavioral therapy group for diverse addictive behaviors. Workshop and webinar presented at the American Psychological Association Headquarters, Washington, DC.

### **Grants**

- Principal Investigator for "A study of the safety and efficacy of vinctropine." Ayerst Pharmaceutical Company (1/88-12/90; total cost \$67,000).
- Principal Investigator for "Physician's perceptions of their role in smoking cessation: A nationwide study." Marion Merrell Dow Pharmaceutical Company (1/91-12/91; total cost \$10,000).
- Principal Investigator for "The evaluation of an inpatient nicotine dependence consultation service." Marion Merrell Dow Pharmaceutical Company (1/92-12/92; total cost \$10,000).
- Director of cognitive therapy training unit for "Multi-site collaborative treatment of cocaine abuse." National Institute on Drug Abuse; U18-DA-07090, PI is Paul Crits-Christoph, Ph.D. (1/90-1/98; total direct cost \$3,963,523).
- Co-Investigator for "Therapist adherence to treatment of cocaine abuse." National Institute on Drug Abuse; RO1-DA-08237, PI is Jacques Barber, Ph.D. (2/94-1/99; total direct cost \$1,262,658).
- Co-Investigator for "Group cognitive-behavior therapy for dual-diagnosis women." National Institute on Drug Abuse; RO1-DA-08631, PI is Lisa Najavits, Ph.D. (9/96-8/99; total direct cost \$385,644).
- Consultant for "Bupropion as an adjunct to the nicotine patch plus CBT." National Institute on Drug Abuse; RO1-DA-94078. PI is Maurizio Fava, M.D. (1/99-1/03; total direct cost \$1,216,400).

Rev. 7/27/2015